

Scaling - Best Practices

- ✓ Provide scaling bars in all work areas.
- ✓ Use the proper length bar.
- ✓ Make sure the bar is in good condition.
- ✓ Always scale from good ground to bad.
- ✓ When scaling ribs, work from top to bottom.
- ✓ Hold the bar to one side, never in front.
- ✓ Keep both hands on the bar and feet firmly planted.
- ✓ Make sure there are no obstructions to block a quick retreat.

