



MSHA's Accident Prevention Program Miner's Tip

Safety and
Health are
Values!

Self Contained Self Rescuer Training

Mine Type: **Underground Coal**

Category(s): **Haulage and Transportation, and Longwalls**

As we are all aware, mine disasters can happen. That is why it is so important to practice your training until it becomes a habit. An important question, therefore, needs answered to increase your chances of surviving a mine disaster. Can you put on your SCSR in a smoke filled environment?

Jeff Bennett of Brooks Run Mining trains miners to don SCSR's while blind folded or by placing some duct tape over a pair of goggles before opening up the rescue unit. They are also evaluated by their peers as to how quickly and correctly they get themselves isolated from atmospheric conditions. Using a dark room or simulated smoke is another good way to duplicate a disaster scenario too. Experience tells us, that if this is done enough times, it will become a habit.



**MSHA extends a thank you and a tip of the hardhat to
Jeff Bennett,
a winner of a limited edition sticker and patch.**

If you have a tip you would like to pass on, you can e-mail it to zzMSHA-MinersTips@dol.gov. If your tip is selected, you will receive credit in this space.

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