

2012 First Aid Contest for Surface & Open Pit Mines, Quarries, Mills and Plants

Mine rescue contests are the training cornerstone for many underground mine rescue teams. Contests overcome the difficult challenge of motivating a mine rescue team to train unceasingly and maintain peak readiness on a 24/7 basis, essentially forever, for an event everyone hopes and strives to insure never happens. A mine rescue contest takes mine rescue training out of the realm of the hypothetical, and gives teams a tangible goal to train for. And when teams train for a mine rescue contest, they are *honing skills, building knowledge, and strengthening proficiencies* that will be put to the ultimate test in the event of an actual mine emergency.

Unfortunately, the tremendous training benefits attained through participation in mine rescue contests have, until now, been enjoyed almost exclusively by underground mines. That changed beginning in 2011 when MSHA hosted a first aid contest specifically for metal & nonmetal surface and open pit mines, quarries, mills and plants in the Midwest region, and we will be doing it again in 2012.

The 1-day contest will consist of the following events: a written test (35 true/false & multiple choice questions), CPR/artificial respiration proficiency using a standard CPR manikin, and either one or two accident scenarios requiring the two-person first aid teams to assess injuries (contest officials will be made up with simulated lacerations, contusions, fractures, artificial blood, etc.), render first aid treatments, and prepare victims for transport. All events will be based on information, procedures and requirements explicitly derived from 30 CFR Part 56 (MSHA reg's), First Responder (Brady) 8th edition by Bergeron and Le Baudour, Prentice Hall, 2009, and the current (2010) American Heart Association CPR Guidelines. Companies can enter as many teams as they wish. Trophies will be awarded to the 1st and 2nd place teams in each event, and to the top team overall.

The contest will be held in Duluth, MN on Thursday, May 17, 2012. Further information on the venue, including directions, maps, parking, food service, nearby hotels, etc. will be provided to all teams that register for the contest. Contest registration is free of charge.

QUESTIONS ??? Please feel free to contact:



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