



JAN 23 2008

Mr. Brian S. Buzzard
Mountaineer Labor Solutions
P. O. Box 488
Seth, WV 25181

BASE PLAN
Contractor ID No. T025
Surface Mine & Facilities
UG and Surface Areas of UG

Dear Mr. Buzzard:

Your proposed Independent Contractor's training plan has been reviewed for compliance with 30 CFR, Part 48, Part 75.160 and Part 77.107 as applicable and is hereby approved. You may begin using this plan effective this date. Any changes made to this approved plan and specifically required under 48.23 must be submitted as an amendment and approved by this office.

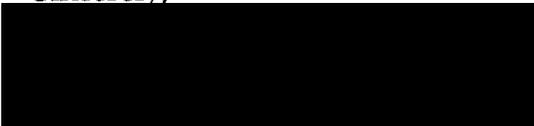
Persons trained under this plan must receive mine specific training at each mine as required by 30 CFR Parts 48.6/48.26 and 48.11/48.31. Copies of training certificates for all contract employees working on mine property must be made available at the mine site for MSHA inspection.

Any person wishing to appeal this decision may do so by replying in writing within 30 days to: Administrator, Coal Mine Safety and Health, U. S. Department of Labor, 1100 Wilson Boulevard, Arlington, VA 22209-3939.

MSHA reserves the right to revoke approval of this program upon proof that the program has not been adhered to or the quality of the instruction is ineffective or not applicable.

Should you have any questions, please contact this office at (304) 877-3900, ext. 152.

Sincerely,


Robert G. Hardman
District Manager
Coal Mine Safety and Health, District 4

Enclosure

CONTRACTOR ID: T025

MSHA ID: 46-_____

TRAINING PLAN COVER SHEET

: NEW APPROVAL (I.D. HAS NEVER HAD APPROVED PLAN)

 REVISION REVISION FOR REOPENING MINECOMPANY Mountaineer Labor Solutions-MINE: @ various locationsADDRESS P. O. Box 488 tCITY Seth STATE WV ZIP 25181

RESPONSIBLE FOR HEALTH AND SAFETY AT THE MINE:

NAME: Brian S. Buzzard TITLE: MemberPHONE: 304-837-7522

PROGRAM AREAS INCLUDED IN THIS APPROVAL REQUEST

UNDERGROUND & SURFACE

 PART 48A PART 48B

AREAS OF UNDERGROUND

 PART 75 PART 77

SURFACE MINES

 PART 48B PART 77

SURFACE FACILITY

 PART 48B PART 77

RUCKER

 PART 48B PART 77IF YOU ARE A CONTRACTOR, BRIEFLY DESCRIBE THE WORK YOU PERFORM ON MINE PROPERTY AND IDENTIFY MINES WHERE YOU WILL WORK @ Various Locations Supply contract labor UG & Surface

ALL MSHA APPROVED INSTRUCTORS FOR THIS MINE

NAME	SSN	COURSE CODES	MSHA USE ONLY
Gary L. Tincher		AI, IS, IU, MI	
Christopher B. Tincher		AI, IS, IU, MI	
Ronald E. Cooper		ED, ER, EC, EE, ES	
G. Scott Tincher		AI, IS, MI	
Rick Crookshanks		AI, IS, MI, IU	

(ADD ADDITIONAL PAGE IF NECESSARY)

NUMBER OF MINERS EMPLOYED 40 MAXIMUM NUMBER OF TRAINEES PER SESSION: 24TRAINING LOCATION: Mine site or suitable location ANNUAL REFRESHER DATE: DecemberCOMPANY OFFICIAL SIGNATURE: Brian S. BuzzardDATE: 12-18-07 TITLE: Member

48.5 TRAINING PROGRAM FOR NEW UNDERGROUND MINERS DEFINED

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Rights Of Miners; Authority and Responsibility of Supervisors	To make miners aware of his/her right & powers of his/her representatives. To make miners aware of responsibility that his supervisors have in regard to his/her health & safety on the job. Introduction to operator's rules & procedures for position reporting hazards. Section two of the act.	Lecture and/or presentation by person in a supervisory position.	Handouts and or Power Point Presentations	Question and answer session.
Self-rescuer and Respiratory devices	To acquaint miner with use, care & maintenance of how the self rescuer works, length of time of use under maximum conditions. Each student will don device.	Lecture and discussion on usage and/or film	Demonstration of donning the self rescuer and/or film on maintenance.	Visual observation of participants donning rescuer. Each student will don the device.
Transportation controls communication systems	To acquaint miners with communication & transportation systems used at the mine & their usage. Discuss check in/check out system, warning signals, directional signs & riding in/on mine conveyances.	Lecture, discussion and/or visual aids.	Printed handouts and/or discussion on films as they are shown.	Question and answer session.
Intro to the work environment.	To make miners aware of type of mining employed at the mine. To make miners aware of dangers involved in the new work environment. Tour of mine.	Lecture, visual aids, and/or observance, tour of mine.	Printed safety policies and/or slide presentations observance, tour of mine under supervision of foreman.	Question and answer session.
Mine map; escape ways, emergency evacuation; barricading.	To make miners aware of escape & emergency evacuation procedures; review fire warning & firefighting techniques at the particular mine; mine escape system & review of plans & maps. Review location of abandoned areas, methods of barricading material.	Lecture	Review plans in effect, map	Question and answer session
Roof Control and Ventilation	Instruction on the roof control plan in effect at the mine & procedures for roof & rib control. Instruction on ventilation plan in effect at the mine & procedures for maintaining a controlling ventilation.	Lecture and/or visual aids.	Review plans in effect, mine map	Visual observation, question and answer session.

48.5 TRAINING PROGRAM FOR NEW UNDERGROUND MINERS DEFINED (CONTINUED)

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Health	To make miners aware of health standards that applies to their tasks. To acquaint miners with various training requirements that must be complied with and familiar with health provisions of the Act and warning labels explained.	Lecture, visual aids and/or observation	Handouts, film, and/or audio Visual	Question and answer session.
Hazard Recognition	To make miners aware of potential hazards that is inherent to the mining occupation. To acquaint new miner with ways of recognizing, avoiding or correcting a potential hazard.	Lecture, visual aids and/or overhead projector	Discussion on mine hazards, film on hazards, and/or transparencies on hazards at particular mine	Question and answer session.
Electrical Hazards	To acquaint miner with general electrical hazards that might be encountered at the mine. Make miners aware of dangers & how to avoid dangers & hazards.	Lecture, visual aids, and/or discussion on laws	Handouts, film on electrical hazards, and/or talks by chief electrician.	Question and answer session.
First Aid	To make miners aware of importance & purpose of First Aid. To acquaint miner with the proper administration of First Aid. First Aid is to be acceptable by MSHA.	Class participation; visual aids and/or discussion.	First Aid films, class participation, and/or discussion on use & location of first aid materials.	Question and answer session and/or observation during class participation.
Mine Gases	Instruction in the detection and avoidance of mine gases.	Lecture, discussion and/or visual aids	Detectors handouts, and/or visuals.	Hands on demonstration and/or question/answer session.
Health and Safety Aspects of the Task	To acquaint miners with the safe way of performing a task; and the health aspects associated with the performance of a task.	Lecture.	Handouts, film, and/or audio visual	Question and answer session.
Clean up; Rock dusting	Instruction on proper way to clean up and instruction in each operation of rock dust	Lecture	Lecture	Question and answer session.

NOTE: EACH NEW INEXPERIENCED MINER AS DEFINED BY 48.2(c) SHALL RECEIVE 40 TOTAL HOURS OF INSTRUCTION UNDER THIS PROGRAM, INCLUDING TASK TRAINING, PRIOR TO BEING ASSIGNED TO WORK DUTIES. CURRENTLY TRAINED SURFACE MINERS TRANSFERRING TO UNDERGROUND MINES MAY RECEIVE CREDIT FOR SUBJECTS WHICH ARE SIMILAR AND WILL BE REQUIRED TO BE TRAINED IN THE DIFFERENCES WITH THE TIME OF TRAINING REDUCED ACCORDINGLY.

Part 48.5 Addendum to Existing Training Plan

Part 48.5 Training of new miners; minimum courses of instruction; hours of instruction.

Subject: 48.5(b)(2)	Training Methods	Course Materials	Evaluation Method(s)
<p>Self-rescue and respiratory devices.</p> <p>This addendum only covers donning and transferring of self-rescue devices. All other training conducted in this course as outlined in the training plan is still required.</p>	<p>Training in the use of self-rescue devices shall include a demonstration and hands-on training of all self-rescue devices used at the mine. This will include assuming a donning position, opening the device, activating the device, inserting the mouthpiece or simulating this task while explaining proper insertion of the mouthpiece, and putting on the nose clip and hands-on training in transferring from one self-rescue device to another self-rescue device.</p>	<p>Self-rescue device specifications. Self-rescue training models for all devices used.</p>	<p>Trainees will be evaluated on their ability to effectively don and transfer from one self-rescue device to another.</p> <p>Completion of this portion of the course will be determined by the trainee's ability to successfully don and transfer.</p>

Part 48.5 Addendum to Existing Training Plan

Part 48.5 Training of new miners; minimum courses of instruction; hours of instruction.

Subject: 48.5(b)(5)	Training Methods	Course Materials	Evaluation Method(s)
<p>Mine Map; escapeways; emergency evacuation; barricading.</p>	<p>The course shall include a review of the mine map; the escapeway system; the escape, firefighting, and emergency evacuation plans in effect at the mine; and the location of abandoned areas. Also included shall be an introduction to the methods of barricading and the locations of the barricading materials, where applicable.</p>	<p>The program of instruction for mine emergency evacuation plans and firefighting approved by the District Manager under 30 CFR 75.1502(a) shall be used for this course.</p>	<p>Trainees will be evaluated on their ability to effectively answer oral/or written questions or other.</p>

XXX (e) Coal miners receiving training under this section shall participate in the next drill as required in 75.383(b) or 75.1502(c) of this chapter, as applicable.

Part 48 (Underground) Addendum to Existing Training Plan

Part 48.5 Training of new miners; minimum courses of instruction; hours of instruction

Part 48.5(b)(13) Health and safety aspects of the tasks to which the new miner will be assigned.

SUBJECT 48.5(b)(13)	Training methods	COURSE MATERIALS	METHOD OF EVALUATION
Information about the physical and health hazards of chemicals in the miner's work area.	Lecture, discussion, audio/video or other	MSHA training modules, company safety rules, MSDSs used at the mine or other	Oral and/or written questions or other
Protective measures a miner can take against these hazards	Lecture, discussion demonstration audio/video or other	Protective equipment, copies of MSDSs used at the mine or other	Oral and/or written question, demonstration or other
Contents of the mine's HazCom program	Lecture, demonstration, discussion, audio/video or other	Company policy, information on where to find HazCom information or other	Oral and/or written questions and demonstration or other

Attachment 4

48.6 TRAINING PROGRAM FOR NEWLY EMPLOYED EXPERIENCED UNDERGROUND MINERS

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Rights of Miners; Authority & Responsibility of Supervisors	To make miners aware of his/her rights & powers of his/her representatives. To make miners aware of responsibility that his supervisors have in regard to his/her health & safety on the job. Introduction to operator's rules & procedures for reporting hazards.	Lectures and/or presentation by person in a supervisory position.	Handouts and/or oral discussion.	Question and answer session
Mandatory Health & Safety Standards	To review standards related to work to be assigned.	Lecture discussion, and/or visual aids.	30 CFR, visuals, company rules and procedures.	Question and answer session.
Transportation controls communication systems	To acquaint miners with communication & transportation systems used at the mine & their usage. Discuss check in/check out system, warning signals, directional signs & riding in or on mine conveyances. Transporting miners & material.	Lecture & Discussion.	30 CFR, & State Laws & Mine Policy.	Question and answer session.
Intro to the work environment	To make miners aware of type of mining employed at the mine. To make miners aware of dangers involved in the new work environment. Tour of mine.	Lecture, visual aids, tour of mine.	Tour of job site.	Question and answer session.
Mine Map; escape ways, emergency evacuation; barricading	To make miners aware of escape & emergency evacuation procedures; review fire warning & firefighting techniques at the particular mine; mine escape system & review of plans & maps. Location of abandoned areas, methods of barricading & location of barricading materials.	Lecture, tour of job site.	Review plans in effect, mine map.	Question and answer session.
Roof Control and Ventilation Plans	Instruction on the roof control plan in effect at the mine & procedures for roof & rib control. Instruction on ventilation plan in effect at the mine & Procedures for maintaining & controlling ventilation.	Lecture, discussion, & visual aids.	Approved plans, & mine map.	Question and answer session.

48.6 TRAINING PROGRAM FOR NEWLY EMPLOYED EXPERIENCED UNDERGROUND MINERS (CONTINUED)

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Hazard Recognition	To make miners aware of potential hazards that is inherent to the mining occupation. To acquaint new miner with ways of recognizing, avoiding or correcting a potential hazard.	Lecture, and/or visual aids.	Discussion on mine hazards, film on hazards, and/or transparencies on hazards at particular mine.	Question and answer session.
Self Rescue & Respiratory Devices	Training in the use of self-contained self-rescuer devices shall include donning procedures by the student(s) and acquaint miner with use, care & maintenance of the devices.	Lecture, demonstration	Self-rescuer (mine specific) and respiratory devices.	Hands-on demonstration and observance. Each student will don the device.

PART 48 (UNDERGROUND) ADDENDUM TO EXISTING TRAINING PLAN

Part 48.6 (a) Experienced miner training

SUBJECT (48.6)(a)	Training Methods	Course Material	Evaluation Method(s)
Prevention of accidents	Lecture, discussion, audio/video, other	MSHA training modules, company safety rules, and/or accident reports	Oral and/or written questions
Emergency medical procedures	Lecture, discussion, site tour, audio/video, other	Company mine map locating medical supplies and/or emergency communication system	Oral and/or written questions
Health	Lecture, demonstration, discussion, audio/video, other	MSHA training modules, noise meters, dust pumps, warning labels, MSDS, health plans in effect at the mine, and/or personal protective equipment	Oral and/or written questions and demonstrations
Health and safety aspects of the tasks to which the experienced miner is assigned*	Lecture, demonstration, discussion, audio/video, other	MSHA training modules, applicable equipment/tools, and/or task training outline for job	Oral and/or written questions and demonstrations

*Not necessary for miners who are required to receive task training (48.7)

Part 48.6 Addendum to Existing Training Plan

Part 48.6 Experienced miner training.

Subject: 48.6(b)(5)	Training Methods	Course Materials	Evaluation Method(s)
<p>Mine map; escapeways; emergency evacuation; barricading</p>	<p>The course shall include a review of the mine map; the escapeway system; the escape, firefighting, and emergency evacuation plans in effect at the mine; and the location of abandoned areas. Also included shall be an introduction to the methods of barricading and the locations of the barricading materials, where applicable.</p>	<p>The program of instruction for mine emergency evacuation plans and firefighting approved by the District Manager under 30 CFR 75.1502(a) shall be used for this course.</p>	<p>Trainees will be evaluated on their ability to effectively answer oral and/or written questions or other.</p>

XXX (f) Coal miners receiving training under this section shall participate in the next drill as required in 75.383(b) or 75.1502(c) of this chapter, as applicable.

PART 48 (UNDERGROUND) ADDENDUM TO EXISTING TRAINING PLAN

Part 48.6 Experienced miner training

Part 48.6(b)(11) Health and safety aspects of the tasks to which the experienced miner will be assigned.

SUBJECT 48.6(b)11	Training methods	COURSE MATERIALS	METHOD OF EVALUATION
Information about the physical and health hazards of chemicals in the miner's work area.	Lecture, discussion, audio/video or other	MSHA training modules, company safety rules, MSDSs used at the mine or other	Oral and/or written questions or other
Protective measures a miner can take against these hazards	Lecture, discussion demonstration, audio/video or other	Protective equipment, copies of MSDSs used at the mine or other	Oral and/or written questions, demonstration or other.
Contents of the mine's HazCom program	Lecture, demonstration, discussion audio/video or other	Company policy and information on where to find HazCom information or other	Oral and/or written questions and demonstration or other.

Part 48.6 Addendum to Existing Training Plan

Part 48.6 Experienced miner training.

Subject: 48.6(b)(12)	Training Methods	Course Materials	Evaluation Method(s)
<p>Self-rescue and respiratory devices.</p> <p>This addendum only covers donning and transferring of self-rescue devices. All other training conducted in this course as outlined in the training plan is still required.</p>	<p>Training in the use of self-rescue devices shall include a demonstration and hands-on training of all rescue devices used at the mine. This will include assuming a donning position, opening the device, activating the device, inserting the mouthpiece or simulating this task while explaining proper insertion of the mouthpiece, and putting on the nose clip and hands-on training in transferring from one self-rescue device to another self-rescue device.</p>	<p>Self-rescue device specifications. Self-rescue training models for all devices used.</p>	<p>Trainees will be evaluated on their ability to effectively don and transfer from one self-rescue device to another.</p> <p>Completion of this portion of the course will be determined by the trainee's ability to successfully don and transfer.</p>

48.7 UNDERGROUND TRAINING PROGRAM FOR MINERS ASSIGNED TO A TASK IN WHICH THEY HAVE HAD NO PREVIOUS EXPERIENCE.

Task or Job Title	Conducted By (Job Title)	Methods & Materials	Practice Period	Method of Evaluation
		Equipment manufacturer's manuals, JSA's or your own safe job procedures	Method of Supervised and/or Non-supervised On-site practice.	
Contract Laborer	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & Safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & Safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & Safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & Safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & Safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.

Personnel assigned a new task not included above will receive instruction in the safety and health aspects and safe work practices of the task.

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48.7 UNDERGROUND TRAINING PROGRAM FOR MINERS ASSIGNED TO A TASK IN WHICH THEY HAVE HAD NO PREVIOUS EXPERIENCE.

Task or Job Title	Conducted By (Job Title)	Methods & Materials	Practice Period	Method of Evaluation
		Equipment manufacturer's manuals, JSA's or your own safe job procedures	Method of Supervised and/or Non-supervised On-site practice.	
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines Available at the mine site. These include the health & safety aspects of the task & safe operating procedures.	Provide a training Period commensurate With employee's background or ability in an on-the-job environment.	Acceptable Demonstration Of operating Procedures.

Personnel assigned a new task not included above will receive instruction in the safety and health aspects and safe work practices of the task.

Part 48 (Underground) Addendum to Existing Training Plan

Part 48.7 Training of miners assigned to a task in which they have had no previous experience; minimum courses of instruction.

Part 48.7(a) Miners assigned to new work tasks as mobile equipment operators, drilling machine operators, haulage and conveyor systems operators, ground control machine operators, and those in blasting operations shall not perform new work tasks in these categories until training prescribed in this paragraph and paragraph (b) of this section has been completed.

Part 48.7 (c) Miners assigned a new task not covered in paragraph (a) of this section shall be instructed in the safety and health aspects and safe work procedures of the task.

Also, HazCom training will be provided when a new chemical hazard is introduced into a miners work area and when an existing chemical is found to possess a new hazard.

SUBJECT 48.7(A)(C)	Training methods	COURSE MATERIALS	METHOD OF EVALUATION
Information about the physical and health hazards of chemicals in the miner's work area.	Lecture, discussion, audio/video or other	MSHA training modules, company safety rules, MSDSs used at the mine or other	Oral and/or written questions or other.
Protective measures a miner can take against these hazards	Lecture, discussion demonstration, audio/video or other	Protective equipment, copies of MSDSs used at the mine or other	Oral and/or written questions, demonstration or other.
Contents of the mine's HazCom program	Lecture, demonstration, discussion audio/video or other	Company policy and information on where to find HazCom information or other	Oral and/or written questions and demonstration or other.

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48.8 ANNUAL REFRESHER TRAINING OF UNDERGROUND MINERS

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Mandatory Health and Safety Standards	To review standards related to work to be assigned, accidents/violations.	Lecture, discussion and/or visual aids.	30 CFR and/or visuals.	Question and answer session.
Transportation Controls & Communication Systems	To acquaint miners with communication and transportation systems used at the mine & their usage. Discuss check in/check out system, warning signals, directional signs & riding in/on mine conveyances, transportation of miners & materials.	Lecture	Printed handouts and/or illustration of system in effect in each mine.	Question and answer session.
Barricading	To review methods and materials locations to be used in barricading.	Lecture, discussion, and/or visual aids.	30 CFR, handouts and/or visual aids.	Question and answer session.
Roof control and ventilation.	Instruction on the roof control plan in effect at the mine and procedures for roof & rib control. Instruction on the ventilation plan in effect at the mine & aids. Procedures for maintaining & controlling ventilation.	Lecture, discussion, and/or visual	Lecture, discussion and/or visual aids, roof control & Vent Plans.	Question and answer session.
First Aid	2.5 hr review of fundamentals in first aid in emergency situations acceptable to MSHA.	Lecture, demonstrations, visuals, and/or audio visuals	Handouts, visuals, audio visuals, and/or outlines.	Written tests and/or performance tests.
Electrical hazards	To acquaint miner with general electrical hazards that might be encountered at the mine. Make miners aware of dangers & how to avoid dangers & hazards.	Lecture, visual aids, and/or discussion.	Handouts, accidents, and/or violations, visual aids.	Question and answer session.
Prevention of accidents	Analysis of preventing accidents; why they occurred & how to prevent them from reoccurring.	Lecture and/or visuals	Handouts and/or visuals.	Question and answer session.

48.8 ANNUAL REFRESHER TRAINING OF UNDERGROUND MINERS (CONTINUED)

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Health	Explain the purpose of taking noise, dust, and other health measurements, warning labels	Lecture and/or visuals	Equipment and/or visuals	Discussion and/or question/answer session.
Explosives	Know proper techniques of usage and handling of explosives, hazards, warning signs & signals.	Lecture and/or film.	Blasting plan at mine site, handouts, and/or films.	Question and answer session.
Self-Rescue and Respiratory Devices	To acquaint miner in the use, care and maintenance of the self-rescuer and respiratory devices. Each student will don the self-rescue device.	Lecture and discussion	Rescue and respiratory device.	Visual observation of each student donning the device.
Mine gases	To acquaint miners with mine gases, detection and avoidance. Gas detection instruments used at mine site.	Lecture and discussion.	Instruments.	Question/answers and/or hands on demonstration

The Mine Safety and Health Administration has issued an Emergency Temporary Standard (ETS). One of the provisions of the Standard requires all underground coal mines to include a review of the emergency evacuation and firefighting plans in effect at the mine as part of the annual refresher training. This training must be completed in the mine's next cycle of annual refresher training starting after December 12, 2002.

Since we have modified the training requirements of Part 48.8 (underground annual refresher training), a training plan revision is required. To assist you with this revision we have developed a training plan addendum, which you can attach to your existing training plan. If you attach this addendum to your existing MSHA-approved training plan, you will not need to submit this plan modification to us for approval. However, if you choose to create your own training plan modification, you will need to submit it to us for approval.

As a reminder, the current standards require you to furnish a copy of any training plan modification to the miners' representative. If a miner's representative is not designated, you must post a copy of the training plan modification on the mine's bulletin board at least 2 weeks before implementing it.

Part 48.8 (Underground) Addendum to Existing Training Plan

Part 48.8 Annual Refresher Training

Part 48.8(b)(4) Roof or ground control, ventilation, emergency evacuation and firefighting plans

SUBJECT 48.8(b)(4)	Training methods	COURSE MATERIALS	METHOD OF EVALUATION
Review of the emergency evacuation and firefighting plans in effect at the mine	Lecture, discussion, as applicable site tour, audio/video or other	Emergency Evacuation and Firefighting Plan in effect at the mine, other materials, as applicable	Oral and/or written questions or other

Part 48.8 Addendum to Existing Training Plan

Part 48.8 Annual refresher training.

Subject: 48.8(b)(8)	Training Methods	Course Materials	Evaluation Method(s)
<p>Self-rescue and respiratory devices.</p> <p>This addendum only covers donning and transferring of self-rescue devices. All other training conducted in this course as outlined in the training plan is still required.</p>	<p>Training in the use of self-rescue devices shall include a demonstration and hands-on training of all rescue devices used at the mine. This will include assuming a donning position, opening the device, activating the device, inserting the mouthpiece or simulating this task while explaining proper insertion of the mouthpiece, and putting on the nose clip and hands-on training in transferring from one self-rescue device to another self-rescue device.</p>	<p>Self-rescue device specifications. Self-rescue training models for all devices used.</p>	<p>Trainees will be evaluated on their ability to effectively don and transfer from one self-rescue device to another.</p> <p>Completion of this portion of the course will be determined by the trainee's ability to successfully don and transfer.</p>

48.11 TRAINING PROGRAM FOR HAZARD TRAINING

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Hazard Recognition and Avoidance	Each person on mine property must be aware of potential hazards relative to their route of travel underground	Lecture	Handout listing potential hazards & avoidance of these hazards	Discussion/question/answer session.
Emergency and Evacuation Procedures	The student will review mine maps, the escapeway system & if applicable, the location of stored SCSRs.	Lecture and discussion	Mine maps, emergency preparedness program, and company policy	Question/answer session
H&S Standards; Safety Rules & Work Procedures	Each student will receive instruction on mandatory health & safety standards, pertinent to the assigned tasks, safety rules, safe work procedures, and check in and check out procedures.	Lecture, on the job.	Company policies, rules, 30 CFR and Part 75	Question and answer sessions.
Self-Rescue and Respiratory Devices	To show a working knowledge of how the self-rescuer works & when & how to use it, care & maintenance. Each student must don the device.	Lecture, demonstration	Self-Rescuer, SCSR	Question and answer session. Each student will don the device.

NOTE: HOURS TAUGHT FOR EACH SUBJECT AND TRAINING AIDS USED ARE TO BE DEPENDENT UPON EMPLOYEES PARTICULAR NEEDS AND THE PREVALENT MINING CONDITIONS.

THIS TRAINING WILL REMAIN CURRENT FOR 12 MONTHS. ANY PERSON WHO RETURNS TO THE MINE 12 MONTHS OR MORE FROM THE DATE OF INITIAL TRAINING UNDER THIS PROGRAM MUST BE RETRAINED UNDER THIS PROGRAM.

THIS TRAINING WILL BE SITE SPECIFIC AND WILL BE GIVEN BY A RESPONSIBLE PERSON WHO IS FAMILIAR WITH THE MINE.

Part 48.11 Addendum to Existing Training Plan

Part 48.11 Hazard training.

Subject: 48.11(a)(4)	Training Methods	Course Materials	Evaluation Method(s)
<p>Self-rescue and respiratory devices.</p> <p>This addendum only covers donning and transferring of self-rescue devices. All other training conducted in this course as outlined in the training plan is still required.</p>	<p>Training in the use of self-rescue devices shall include a demonstration and hands-on training of all rescue devices used at the mine. This will include assuming a donning position, opening the device, activating the device, inserting the mouthpiece or simulating this task while explaining proper insertion of the mouthpiece, and putting on the nose clip and hands-on training in transferring from one self-rescue device to another self-rescue device.</p>	<p>Self-rescue device specifications. Self-rescue training models for all devices used.</p>	<p>Trainees will be evaluated on their ability to effectively don and transfer from one self-rescue device to another.</p> <p>Completion of this portion of the course will be determined by the trainee's ability to successfully don and transfer.</p>

THIS TRAINING WILL REMAIN CURRENT FOR 12 MONTHS. ANY PERSON WHO RETURNS TO THE MINE 12 MONTHS OR MORE FROM THE DATE OF INITIAL TRAINING UNDER THIS PROGRAM MUST BE RETRAINED UNDER THIS PROGRAM

THIS TRAINING WILL BE SITE SPECIFIC AND WILL BE GIVEN BY A RESPONSIBLE PERSON WHO IS FAMILIAR WITH THE MINE

CONTRACTOR ID: T025

MSHA ID: 46-_____

TRAINING PLAN COVER SHEET

- NEW APPROVAL (I.D. HAS NEVER HAD APPROVED PLAN)
- REVISION
- REVISION FOR REOPENING MINE

COMPANY Mountaineer Labor Solutions

MINE: @ various locations

ADDRESS P. O. Box 488 t

CITY Seth STATE WV ZIP 25181

RESPONSIBLE FOR HEALTH AND SAFETY AT THE MINE:

NAME: Brian S. Buzzard TITLE: Member

PHONE: 304-837-7522

PROGRAM AREAS INCLUDED IN THIS APPROVAL REQUEST

- | | | |
|-----------------------|--|--|
| UNDERGROUND & SURFACE | <input checked="" type="checkbox"/> PART 48A | <input checked="" type="checkbox"/> PART 48B |
| AREAS OF UNDERGROUND | <input checked="" type="checkbox"/> PART 75 | <input checked="" type="checkbox"/> PART 77 |
| SURFACE MINES | <input checked="" type="checkbox"/> PART 48B | <input checked="" type="checkbox"/> PART 77 |
| SURFACE FACILITY | <input checked="" type="checkbox"/> PART 48B | <input checked="" type="checkbox"/> PART 77 |
| TRUCKER | <input type="checkbox"/> PART 48B | <input type="checkbox"/> PART 77 |

IF YOU ARE A CONTRACTOR, BRIEFLY DESCRIBE THE WORK YOU PERFORM ON MINE PROPERTY AND IDENTIFY MINES WHERE YOU WILL WORK @ Various Locations Supply contract labor UG & Surface

ALL MSHA APPROVED INSTRUCTORS FOR THIS MINE

NAME	SSN	COURSE CODES	MSHA USE ONLY
Gary L. Tincher	[REDACTED]	AI, IS, IU, MI	
Christopher B. Tincher	[REDACTED]	AI, IS, IU, MI	
Ronald E. Cooper	[REDACTED]	ED, ER, EC, EE, ES	
G. Scott Tincher	[REDACTED]	AI, IS, MI	
Rick Crookshanks	[REDACTED]	AI, IS, MI, IU	

(ADD ADDITIONAL PAGE IF NECESSARY)

NUMBER OF MINERS EMPLOYED 40 MAXIMUM NUMBER OF TRAINEES PER SESSION: 24

TRAINING LOCATION: Mine site or suitable location ANNUAL REFRESHER DATE: December

COMPANY OFFICIAL SIGNATURE: Brian S. Buzzard [REDACTED]

DATE: 12-18-07 TITLE: Member

Part 48.25 TRAINING PROGRAM FOR NEW MINERS DEFINED under 48.22 ©

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Rights of Miners; Authority and Responsibility of Supervisor	To instruct in rights under the Act. To review line of authority of supervisors and miners and responsibilities. Introduction to operator's rules. Procedures for reporting hazards.	Lecture and discussion.	MSHA, WV 40, company rules and miners right book	Questions and answer session
Self-rescuer and Respiratory devices	To instruct and demonstrate, use, care & maintain self-rescuer & respiratory devices where applicable.	Lecture and demonstrations.	MSHA, WV 40, company rules and SCSRs	Visual observation of participants donning rescuer. Each student will don the device.
Transportation controls communication systems	Develop knowledge of mine transportation controls, mine communication used at site, to show warning & directional signals where applicable. Riding in conveyances.	Lecture and discussion.	MSHA, WV 40, company rules	Questions and answer session
Intro to the work environment	Develop knowledge of physical layout of mine site, mining method procedures used at mine. Mine tour.	Lecture and discussion, and tour of mine.	MSHA, WV 40, company rules rules.	Questions and answer session
Escape & Emergency Evacuation firefighting and warning	Develop knowledge of accident/emergency plan of action; firefighting procedures & fire warning signals. Review Mine Escape System.	Lecture and discussion	MSHA, WV 40, company rules	Questions and answer session
Ground control; highwall water hazard. Spoil bank & night work.	Develop knowledge of highwall & ground control plan; safe work procedures in areas of highwall water hazards, pits, spoil piles and during night work, illumination of work areas.	Lecture and discussion.	MSHA, WV 40, company rules	Questions and answer session
Health	To instruct in the purpose of the dust & noise measurement & the different methods of controlling them. Health provisions of the act and warning labels explained.	Lecture and discussion.	MSHA, WV 40, company rules	Questions and answer session

48.25 TRAINING PROGRAM FOR NEW MINERS DEFINED UNDER 48.22 ©

(CONTINUATION SHEET)

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD EVALUATION
Hazard Recognitions	To recognize & avoid any hazard at the mine site. To discourage complacency and risk taking.	Lecture and discussion	Accident reports MSHA, WV 40, company rules	Questions and answers
Electrical Hazards	Develop knowledge of recognizing and avoiding electrical hazards.	Lecture and discussion.	MSHA, WV 40, company rules and Hazard bulletins	Questions and answers
First Aid	To refresh and instill MSHA basic first-aid methods.	Lecture, discussion, demonstrations and participation	MSHA, Red Cross, Brady First Responder.	Questions and answers
Explosives	To develop knowledge of hazards related to the use, handling & storage of explosives.	Lecture and discussion.	MSHA, WV 40, company rules	Questions and answers
Health & Safety Aspects of the Task	To instruct on the health and safety of the tasks assigned. To describe safe job procedures for the task and mandatory H/S standards.	Lecture and discussion.	Task training outlines. MSHA, WV 40, company rules	Questions and answers
Mandatory Health & Safety Standards	To explain mandatory health & safety standards pertinent to the assigned tasks.	Lecture and discussion.	MSHA, WV 40, company rules	Questions and answers

Each new inexperienced miner as defined by 48.22 © shall receive 24 total hours of instruction under this program, including task training, prior to being assigned to work duties. Currently trained underground miners transferring to surface areas may receive credit for subjects which are similar and will be required to be trained in the differences with the time of training reduced accordingly.

48.25 (a) provides the operator the flexibility to give 8 hours initial instruction and the 16 hours remaining within the next 60 days if the new inexperienced miner is kept under immediate supervision of an experienced person during that 60 days. Are you requesting approval to receive training in the manner?

Yes No

Part 48 (Surface) Addendum to Existing Training Plan

Part 48.25 Training of new miners; minimum courses of instruction; hours of instruction

Part 48.25 (b)(12) Health and safety aspects of the tasks to which the new miner will be assigned

Subject: 48.25(b)(12)	Training Methods	Course Materials	Evaluation Method(s)
Information about the physical and health hazards of chemicals in the miner's work area	Lecture, discussion, audio/video or other	MSHA training modules, company safety rules, MSDSs used at the mine or other	Oral and/or written questions or other
Protective measures a miner can take against these hazards	Lecture, discussion, demonstration, audio/video or other	Protective equipment, copies of MSDSs used at the mine or other	Oral and/or written questions, demonstration or other
Contents of the mine's HazCom program	Lecture, demonstration, discussion, audio/video or other	Company policy, information on where to find HazCom information or other	Oral and/or written questions, demonstration or other

48.26 TRAINING PROGRAM FOR NEWLY EMPLOYED EXPERIENCED MINERS DEFINED UNDER 28.22 (b)
(This is mine specific training.)

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Introduction to the work environment (TOUR OF THE MINE)	To familiarize new employee with the hazards on his new work assignment. The method of mining used to mine shall also be explained & observed.	Lecture and discussion, and tour of mine	CFR 30 and/or company rules, state laws	Questions and answer session
Mandatory Health and Safety Standards	To explain mandatory health & safety standards pertinent to driving a coal truck or any/other assigned tasks.	Lecture and discussion	CFR 30 and/or company rules and state laws	Questions and answer session
Authority & responsibility of supervisors & miners representative AT THIS SITE	To recognize the chain of command and responsibilities of mine representatives and supervisors. Procedures for reporting hazards & operator's rules.	Lecture and discussion	CFR 30 and/or company rules and state laws	Questions and answer session
Transportation controls communication system AT THIS SITE	To instruct on the procedure in effect for riding on & in mine conveyances, the controls for the transportation of miners & materials, & the use of the mine communication systems, warning signals & directional signs.	Lecture and discussion	CFR 30 and/or company rules and state laws	Questions and answer session
Escape & Emergency Evacuation Fire warning and fighting AT THIS SITE	Develop knowledge of accident/emergency plan of action; fire warning signals; fire fighting procedures & review escape system.	Lecture and discussion	CFR 30 and/or company rules state laws and review of plans in effect at the mine site	Questions and answer session
Ground Control, highwall, water hazard, spoil banks, & night work, AT THIS SITE	Develop knowledge of highwall & ground control plan; safe work procedures in areas of highwall water hazards, pits, spoilpiles, & during night work illuminations of work areas.	Lecture and discussion	CFR 30 and/or company rules state laws and review of plans in effect at the mine site	Questions and answer session
Hazard recognition AT THIS SITE	To recognize & avoid hazards. To prevent "risk taking."	Lecture and discussion	CFR 30 and/or company rules and state laws	Questions and answer session

Part 48.26 Training Plan Addendum for Experienced Miner Training (Surface)

SUBJECT (48.26)	TRAINING METHODS	COURSE MATERIAL	EVALUATION METHOD(S)
Prevention of accidents	Lecture, discussion, audio/video, other	MSHA training modules and, company safety rules, and/or accident reports	Oral and/or written questions
Emergency medical procedures	Lecture, discussion, site tour, audio/video, other	Company mine map locating medical supplies and emergency communication system	Oral and/or written questions
Health	Lecture, demonstration, discussion, audio/video, other	MSHA training modules, noise meters, dust pumps, warning labels, MSDS, health plans in effect at the mine, and personal protective equipment.	Oral and/or written questions and demonstrations
Health and safety aspects of the tasks to which the experienced miner is assigned*	Lecture, demonstration, discussion, audio/video, other	MSHA training modules, applicable equipment/tools, and task training outline for job.	Oral and/or written questions and demonstrations

*Not necessary for miners who are required to receive task training (48.27)

Part 48 (Surface) Addendum to Existing Training Plan

Part 48.26 Experienced miner Training

Part 48.26(b)(11) Health and safety aspects of the tasks to which the experienced miner will be assigned.

Subject: 48.26(b)(11)	Training Methods	Course Materials	Evaluation Method(s)
Information about the physical and health hazards of chemicals in the miner's work area.	Lecture, discussion, audio/video or other	MSHA training modules, company safety rules, MSDSs used at the mine or other	Oral and/or written questions or other
Protective measures a miner can take against these hazards	Lecture, discussion, demonstration, audio/video or other	Protective equipment, copies of MSDSs used at the mine or other	Oral and/or written questions, demonstration or other
Contents of the mine's HazCom program	Lecture, demonstration, discussion, audio/video or other	Company policy, information on where to find HazCom information or other	Oral and/or written questions, demonstration or other

48.27 TASK TRAINING PROGRAM FOR EACH TASK DEFINED UNDER 48.22 (f)

NOTE: Trucker plans must include Pre-op checks, Maintenance and Repair and Haul Road Driving Skills.

Task or Job Title	Conducted By (Job Title)	Methods & Materials	Practice Period	Method of Evaluation
		Equipment manufacturer's manuals. JSA's or your own safe job procedures	Method of supervised and/or non-supervised on-site practice.	
Contract labor	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.

Personnel assigned a new task not included above will receive instruction in the safety and health aspects and safe work practices of the task.

SURFACE

48.27 TASK TRAINING PROGRAM FOR EACH TASK DEFINED UNDER 48.22 (f)

NOTE:

Trucker plans must include Pre-op checks, Maintenance and Repair and Haul Road Driving Skills.

Task or Job Title	Conducted By (Job Title)	Methods & Materials	Practice Period	Method of Evaluation
		Equipment manufacturer's manuals. JSA's or your own safe job procedures	Method of supervised and/or non-supervised on-site practice.	
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.

Personnel assigned a new task not included above will receive instruction in the safety and health aspects and safe work practices of the task.

SURFACE

48.27 TASK TRAINING PROGRAM FOR EACH TASK DEFINED UNDER 48.22 (f)

NOTE:

Trucker plans must include Pre-op checks, Maintenance and Repair and Haul Road Driving Skills.

Task or Job Title	Conducted By (Job Title)	Methods & Materials	Practice Period	Method of Evaluation
		Equipment manufacturer's manuals, JSA's or your own safe job procedures	Method of supervised and/or non-supervised on-site practice.	
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.
	Experienced Operator Experienced Foreman Qualified Instructor	Task Outlines available at the mine site. These included the health & safety aspects of the task & safe operating procedures.	Provide a training period commensurate with employee's background or ability in an on-the job environment.	Acceptable demonstration of operating procedures.

Personnel assigned a new task not included above will receive instruction in the safety and health aspects and safe work practices of the task.

Part 48 (Surface) Addendum to Existing Training Plan

Part 48.27 Training of miners assigned to a task in which they have had no previous experience; minimum courses of instruction.

Part 48.27(a) Miners assigned to new work tasks as mobile equipment operators drilling machine operators haulage and conveyor systems operators, ground control machine operators, and those in blasting operations shall not perform new work tasks in these categories until training prescribed in this paragraph and paragraph 9b) of this section has been completed.

Part 48.27(c) Miners assigned a new task not covered in paragraph (a) of this section shall be instructed in the safety and health aspects and safe work procedures of the task.

Also, HazCom training will be provided when a new chemical hazard is introduced into a miners work area and when an existing chemical is found to possess a new hazard.

Subject: 48.27(a) (c)	Training Methods	Course Materials	Evaluation Method(s)
Information about the physical and health hazards of chemicals in the miner's work area.	Lecture, discussion, audio/video or other	MSHA training modules, company safety rules, MSDSs used at the mine or other	Oral and/or written questions or other
Protective measures a miner can take against these hazards	Lecture, discussion, demonstration audio/video or other	Protective equipment, copies of MSDSs used at the mine or other	Oral and/or written questions, demonstration or other
Contents of the mine's HazCom program	Lecture, demonstration, discussion, audio/video or other	Company policy, information on where to find HazCom information or other	Oral and/or written questions and demonstration or other

48.28 ANNUAL REFRESHER TRAINING 8 HOURS MINIMUM

non-applicable courses may be deleted where stated in 48.28 Regulations
specialized subjects required for Trucker only are marked with ***

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Mandatory health and safety standards	To reinforce the H&S standards of task.	Lecture and discussion.	Company rules and State and MSHA	Questions and answer session
Transportation Controls Communications System	Develop knowledge of mine transportation system and controls. Mine communication system. Warning & directional signals. Riding mine conveyances.	Lecture and discussion.	Company rules and State and MSHA	Questions and answer session
Escapeway, Emergency Evacuation, Fire Warning & Fire Fighting	Develop knowledge of accident/emergency plan of action; fire fighting procedures & fire warning signals. Review Mine Escape System.	Lecture and discussion.	Company rules and State and MSHA and review of plans in effect at the mine	Questions and answer session
Ground Control, highwall, water hazards, etc.	Develop knowledge of highwall & ground control plan; safe work procedures in areas of highwalls, pits, spoilpiles, water hazards, and at night. Illumination of night work areas.	Lecture and discussion.	Company rules and State and MSHA and review of plans in effect at the mine	Questions and answer session
Electrical Hazards	Develop knowledge of recognition and avoidance of electrical hazards.	Lecture and discussion.	Company rules and State and MSHA	Questions and answer session
Prevention of accidents	Develop knowledge of cause of accidents; accident prevention	Lecture and discussion.	Company rules and State and MSHA	Questions and answer session
First Aid	Review acceptable MSHA first-aid procedures.	Lecture and discussion.	MSHA, Red Cross, Brady First Responder	Questions and answer session

48.28

ANNUAL REFRESHER TRAINING

8 HOURS MINIMUM

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHODS OF EVALUATION
Health	Develop knowledge of purpose of dust & noise surveys and health control plan in effect.	Lecture and discussion.	Company rules and State and MSHA	Questions and answer session
Explosives	Develop knowledge of hazards related to explosives	Lecture and discussion.	Company rules and State and MSHA	Questions and answer session
Self-Rescue and Respiratory Devices	To instruct & demonstrate use, care & maintenance of self-rescuer where applicable.	Lecture and discussion.	Company rules and State and MSHA, and SCSRs Manufacturer guidelines	Questions and answer session
***Pre-operational Checks	To develop knowledge in the proper methods of inspecting his vehicle for hazardous conditions. Filling out forms.	Lecture and discussion.	CFR 30 and/or Company rules and State Laws WV CDL	Questions and answer session
***Maintenance and Repair	To develop knowledge in the proper way to perform routine maintenance on the equipment. Greasing, oil change, tire change, etc.	Lecture and discussion.	CFR 30 and/or Company rules and State Laws, WV CDL	Questions and answer session
***Haul Road & Driving Skills	To develop knowledge in the proper handling of his vehicle under adverse weather conditions & different haul roads. Steep grades, curves, etc.	Lecture and discussion.	CFR 30 and/or Company rules and State Laws, WV CDL	Questions and answer session

***** ANY HAZARDOUS CONDITION THAT IS FOUND DURING ANY OF THE CHECKS MUST BE REPORTED AT ONCE. THE VEHICLE MUST BE REPAIRED BEFORE IT CAN BE OPERATED!!!!!!!!!!!!**

6/12/07 rev.

SURFACE**48.31 HAZARD TRAINING PROGRAM FOR CONTRACTED SERVICE AND MAINTENANCE WORKERS DEFINED UNDER 48.22 (a) (2)**

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	METHOD OF EVALUATION
Hazard Recognition and avoidance	To describe any potential hazards, and teach to avoid and recognize.	Lecture and discussion.	Company rules and State and MSHA	Questions and answer session
Emergency and evacuation procedures	To point out and describe to visitors, vendors, etc. procedures	Lecture and discussion.	Company rules and State and MSHA s and plans in effect at the mine	Questions and answer session
H&S Standards; safety rules and work procedures	Where applicable, anyone outside doing work on property, will be given instruction on rules and safe working procedures. Company policy, rules & regulations.	Lecture and discussion.	Company rules and State and MSHA	Questions and answer session
Self-rescue and respiratory devices	To instruct in use of self-rescuer where applicable.	Lecture and discussion.	Company rules and State and MSHA manufacturer guidelines and SCSRs. Each student will don the device.	Questions and answer session

ALL TRAINING PROVIDED UNDER THIS HAZARD TRAINING PROGRAM SHALL INCLUDED INSTRUCTION WHICH IS "APPLICABLE TO THE DUTIES OF SUCH MINERS." MINERS SHALL RECEIVE THE INSTRUCTION REQUIRED BY THIS SECTION AT LEAST ONCE EVERY 12 MONTHS.

THIS TRAINING MAY BE GIVEN IN LIEU OF 48.26 TRAINING WHEN CONTRACT PERSONS ARE ON THIS MINES PROPERTY FOUR CONSECUTIVE DAYS OR LESS.

THIS TRAINING WILL BE SITE SPECIFIC AND WILL BE GIVEN BY A RESPONSIBLE PERSON WHO IS FAMILIAR WITH THE HAZARDS THE TRAINEE MIGHT BE EXPOSED TO WHILE ON THIS MINE SITE.

THIS NOTE APPLIES TO THIS PAGE AND ALL PRECEDING PAGES: COURSE MATERIALS RECEIVED FROM MSHA, STATE AND PRIVATE INDUSTRY PERTINENT TO EACH COURSE CAN CHANGE. THE INSTRUCTOR CAN FROM TIME-TO-TIME CHOOSE MATERIALS THAT ARE APPLICABLE TO THE COURSE OF INSTRUCTION SUCH AS VIDEOS AND/OR POWER POINT PRESENTATIONS DEVELOPED FOR ACCIDENT PREVENTION, ROOF CONTROL, ETC.

6/12/07 rev.