

# METAL / NONMETAL

## Serious Accident

Surface Construction Sand and Gravel – A miner finished refueling an excavator and was in the process of stepping down onto the track to lay the fuel nozzle down when he fell. The miner could not recall if he either missed the step or his hand slipped off the handrail. He fell while in a bent over position and landed head first on the barge deck. The miner suffered serious injuries even though he fell only 4 feet.



## BEST PRACTICES

- Maintain steps, contact surfaces and handholds in useable condition.
- Train miners on how to safely mount and dismount equipment, including 3-points of contact.
- Install warning decals or signs in the cab or on the door of trucks and heavy equipment reminding workers to use 3-points of contact.
- Keep steps, ladders and standing surfaces free of snow, mud and debris. Report damage immediately.
- Don't use the doorframe or door edge as a handhold.
- Wear footwear with good support and slip resistance.
- Don't climb down with something in your hand. Leave it on the vehicle floor and retrieve it after getting safely on the ground.
- Exit and enter facing the cab.
- Get a firm grip on rails or handles.
- Never Jump! You may land on an uneven surface, off balance or on something. Look before exiting.

