



# **Medical Surveillance for Metal/Nonmetal (MNM) Miners**

## **Why should I have medical exams?**

- Many mining activities generate silica dust. Breathing silica dust can harm your health and increase your risk of death.
- Medical exams provide you with information to determine if your health is affected by breathing silica dust. This information can help you take appropriate action to protect your health.

## **What is the cost of the exam?**

- There is no cost to you. Mine operators must offer medical exams to miners at no cost.

## **Are medical exam results shared with my mine operator?**

- No, your mine operator will not receive your exam results; the results are provided only to you.
- You will receive your results within 30 days of your exam.

## **What's included in the medical exam?**

- Review of your medical and work history
- Physical exam
- Chest X-ray
- Lung function test

## How often do I need a medical exam?

*If you are hired on or after April 8, 2026, and new to the mining industry, then:*

- You must be provided with a medical exam within 60 days of beginning work.
- You must be provided a follow-up medical exam within 3 years.
  - If there is evidence of pneumoconiosis or decreased lung function, miners must be provided another follow-up medical exam within 2 years.
- After the follow-up medical exams, you must be provided medical exams at least once every 5 years.

*If you have worked in the mining industry, then:*

- You must be provided a medical exam during the 12 months beginning April 8, 2026.
- You must be provided a follow-up exam every 5 years after the first medical exam.

## Contact:

To learn more, visit MSHA's website at [www.MSHA.gov](https://www.MSHA.gov).

If you have any questions, email [ASKMSHA@dol.gov](mailto:ASKMSHA@dol.gov).

To report a concern, contact your Mine Safety and Health Administration (MSHA) District Office.

