



# Metal and Nonmetal Miners

## Get Your Medical Exam!

### Have you worked in the mining industry for a while?

If you have, you can get operator-provided medical exams at no cost to you. Your mine operator will not receive your exam results; they are provided only to you.

### What's included in the medical exam?

Your medical exam will include:

- A review of your medical and work history
- A physical exam
- Chest X-ray
- Lung function test

### When should I get medical exams?

If you have worked in the mining industry, your operator must offer you a medical exam during the 12 months beginning April 8, 2026, and then every 5 years while employed.

### Contact

To learn more, visit MSHA's website at [www.MSHA.gov](http://www.MSHA.gov).  
If you have any questions, email [ASKMSHA@dol.gov](mailto:ASKMSHA@dol.gov).  
To report a concern, contact your Mine Safety and Health Administration (MSHA) District Office.

