

# Metal and Nonmetal Miners



## Are you New to Mining and Recently Hired?

If you are, you can get operator-provided medical exams at no cost to you. Your mine operator will not receive your exam results; they are provided only to you.

## When should I get my first medical exam?

Beginning April 8, 2026, your operator must offer you a medical exam within 60 days of beginning employment.

## When should I get follow-up medical exams?

Your operator must offer you a follow-up medical exam within 3 years.

Your operator must offer you a follow-up medical exam within 2 years if the first follow-up exam shows evidence of decreased lung function or pneumoconiosis.

## Contact

To learn more, visit MSHA's website at [www.MSHA.gov](http://www.MSHA.gov).  
If you have any questions, email [ASKMSHA@dol.gov](mailto:ASKMSHA@dol.gov).  
To report a concern, contact your Mine Safety and Health Administration (MSHA) District Office.

